



## **UNIC SEPTEMBER** ORIENTATION PROGRAMME

# **9-27** SEPTEMBER 2024



Online registration is mandatory:



unic.ac.cy/unic-sept-2024

# INTENSIVE ONLINE ENGLISH LANGUAGE COURSES



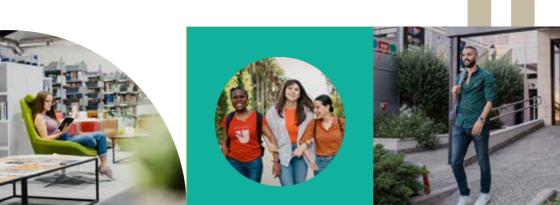


### PROGRAMME MONDAY-FRIDAY

09:00-11:00	English Classes

11:00-11:30 Break

11:30-13:30 English Classes



Make sure to select the English language classes at unic.ac.cy/unic-sept-2024

NOTE: If you register by 13:00 Cyprus time, you will be able to join the online lessons on the next day

# ORIENTATION ACTIVITIES PROGRAMME





24/09 TUESDAY

SESSIONS IN GREEK @DISCOVERY HALL

#### 10:00-10:30 Check-In

To ensure a smooth and timely start, arrive well before 10:30.

#### 10:30-11:00 Welcome to UNIC!

The Rector of the University will welcome you on campus.

#### 11:00-12:30 Energizers

A series of interactive team-building activities will help you to socialize and, above all, have fun! The University of Nicosia is a flourishing, diverse community, composed of students with many different experiences, perspectives, and backgrounds. By understanding and learning how to engage in a diverse and inclusive environment, we can improve the way we interact with and support each other.

#### 12:30-13:00 Think Big

The CEO of the University will discuss student and alumni success stories and the potential to use your university years to set your career direction.

#### 13:00-14:00 Break-Snacks

#### 14:00-15:00 Navigating Around Campus: Tips and Tricks - UNIC Services and Departments

Get to know UNIC. This series of short presentations will provide the information you need to start your studies at UNIC. With vital support, social and academic services, these presentations will help you settle in at the University. The services/departments to be presented are: Academic Affairs, Academic Advising, Student Portal, Library, Accommodation, Career, Student Mobility (ERASMUS+/NEOLAiA), Student Affairs, Sports, UFIT Fitness Center, Environment, Health & Safety, and Counselling.

#### 15:00-16:30 Study Skills

We will get to share tips and tricks for skillful studying through workshops and academic consulting (e.g. Essay Writing, Avoiding Plagiarism, etc.). It's in your hands to make your papers rock.

#### 16:30-17:00 The UN Sustainability Agenda 2030 and How yo(U)NIC Can Support It

Why the global sustainability agenda is important to universities and students? Join this short presentation to find out about the UN 2030 Agenda, the 17 Sustainable Development Goals and how yo(U)NIC can contribute towards a more sustainable future for all.



18:30-21:30

24/09 TUESDAY

#### UNIC CITY TOUR & CHILLING @THE BLOCK

#### UNIC City Tour and Chilling on Campus Meeting Point: Department of Student Affairs (be there 15 minutes earlier as buses will depart on time)

#### RSVP by 18/09 (noon)

Get to know the campus and the area around it, and make new friends, as part of this exciting campus tour! Right after that, we will chill out together on campus, at The Block. Snacks and drinks on us!

## 25/09 WEDNESDAY

#### SESSIONS IN ENGLISH @DISCOVERY HALL

#### 10:00-10:30 Check-In

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#### 10:30-11:00 Welcome to UNIC!

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# 18:30-20:30 Chill-out Afternoon Venue: Loft Restaurant & Bar (SIX UNIC Residence: 12<sup>th</sup> Floor) RSVP by 19/09 (noon)

Looking for a great opportunity to relax and meet new people? Join us for drinks, snacks, and music! First drink is on the house!





#### SESSIONS IN GREEK @DISCOVERY HALL

#### 09:00-10:00 Developing Academic Skills

During the session, we will discuss essential academic skills necessary for students to excel in their academic journey. The following topics will be covered: Developing Skills for the 21<sup>st</sup> century, Effective Presentations, Effective Team Work, ICT Tools to support your Academic Work, Scientific Report, Research Papers, Referencing and Plagiarism.

#### 10:00-11:00 Online Learning

At UNIC, we use a number of online learning tools to enhance your learning experience. In this session, we will show you how to participate in video-conferencing sessions held by your lecturers in WebEx, and how to use Moodle to access your course material (course syllabus, presentations, notes etc.), interact with your classmates and lecturers, and submit assignments.



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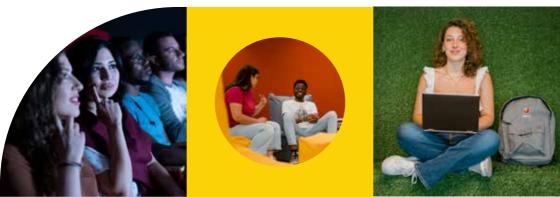
#### 14:30-15:00 Your Health and Well-Being: Registering with Your Personal Doctor at UNIC Medical Centre

This presentation is designed to assist students in understanding and navigating the healthcare system in Cyprus. We will provide a brief overview of the medical healthcare system, covering both private healthcare and the General Healthcare System (GHS), as well as the services offered by UNIC Medical Centre (UNMC). UNMC is a Centre that operates under the GHS and serves the primary health care needs of the University of Nicosia community and the population at large.

#### 15:00-15:20 Inclusion and Embracing Diversity



This session highlights the University's initiatives as a pioneer institution in Cyprus dedicated to fostering awareness over matters of Equality, Diversity, and Inclusion. Such initiatives include the Center for Equality, Diversity, and Inclusion and the NEOLAIA European University Alliance (co-funded by the European Commission), where Diversity and Inclusion constitute chief pillars of the Allliance. This session thus showcases UNIC's commitment in creating a diversity and equality community not only on campus, but also across its partners and networks.





#### 18:30-21:30 Sporty Afternoon RSVP by 23/09 (noon)

How about some exercise? Choose the activity that suits your style and fitness and have fun with your new friends!

- 18:30-21:30 Activities (3X3 Basketball, Basketball Shooting Competition, Table Tennis Competition, etc.).
- 19:00-20:00 Zumba Session
- 20:00-21:00 Hatha Yoga Session



#### BEACH DAY TRIP @LARNACA

#### 09:00-16:00 Heading to the Beach! Meeting Point: Department of Student Affairs (arrive 15 minutes earlier as buses will depart on time).

#### RSVP by 24/09 (noon)

Join us for an excursion to Voroklini in Larnaca and enjoy yourselves with a series of amusing activities by the sea: beach volley, beach tennis, beach soccer, zumba, hatha yoga, just to name a few!

#### Tip of the Day!

Remember to bring your swimsuit, come dressed in comfortable clothes, and wear beach shoes. Also, bring a packed lunch or money, in case you wish to purchase something.





Register at unic.ac.cy/unic-sept-2024



and check your email for further details.



## **INTENSIVE ONLINE** ENGLISH LANGUAGE COURSES

**Centre of Languages** Email: artemis.r@unic.ac.cy

REGISTRATION **QUERIES ON INTENSIVE ONLINE ENGLISH** LANGUAGE COURSES

**Department of Academic Affairs** Tel.: +357 22 841604 Email: samara.s@unic.ac.cy

### ORIENTATION **ACTIVITIES**

#### **Department of Student Affairs** Tel.: +357 22 842150 Email: student.affairs@unic.ac.cy

**Sports Office** Tel: +357 22 842163 Email: sportsoffice@unic.ac.cy



ONLINE REGISTRATION **IS MANDATORY:** 



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