

Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Hadjioannou
Name:	Anna
Rank/Position:	Lecturer
Faculty:	Medical School
Department:	Basic and Clinical Sciences
Scientific Domain: *	Communication Skills

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2024	Cyprus University of Technology	Nursing	Investigating the Effectiveness of Combined Use of Technology and Education to Empower People with Bipolar Disorder.
Certification	2018	Professional and Personal Development Institute (IPSEPA)	Psychotherapist	----
MSC	2015	Cyprus University of Technology	Nursing	The live experience of people with bipolar disorder.
Specialization	2012	Cyprus University of Technology	Nursing	Burnout of Mental Health Nurse. Scope review
BSC	2011	Cyprus University of Technology	Nursing	Diabetes during pregnancy and nursing care.
Diploma	2009	Nursing School of Cyprus	Nursing	----

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2020	2024	Ministry of Health – Nursing Services	Prevention Program for Mental Health Nursing, "EXELIXIS".	Designing and implementing experiential workshops, training educators, experiential sessions for parents.
2013	2020	Ministry of Health – Nursing Services	Harm Reduction Centre "STOXOS".	Counselling, distribution of substance uses tools, street work.
2012	2013	Ministry of Health – Nursing Services	Multiple Intervention Center	Counselling of addiction in group and individual base.

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2024	Evaluation of the Quality of Greek-Language Websites Related to Bipolar Disorder: An Exploratory Review.	Hatzioannou A , Papastaurou E, Hadjittofi A, Karanikola MKN.	Cyprus Nursing Chronicles (under reviewing)	18(4)	1435
2	2022	Covid-19 related trauma symptoms in healthcare clinicians in Cyprus.	Kaikoushi K, Mpouzika M, Levadiotis C, Hatziioannou A , Sokratous S, Leontiou I, Christoforou N.	International Journal of Environmental Research and Public Health. https://doi.org/10.3390/ijerph191711049 .	19(17)	11049

3	2021	Combined Use of Web-Based and In-Person Education on Ill Health Self-management Skills in Adults With Bipolar Disorder.	Hatzioannou A, Chatzittofis A, Koutroubas VS, Papastavrou E, Karanikola M.	Protocol for a Mixed Methods Study. JMIR Res Protoc. 15;10(9):e33506. doi: 10.2196/33506. PMID: 34494969; PMCID: PMC8459218.	9(10)	25168
4	2020	"We Are Together": Operating Protocol and Preliminary Evaluation of a Telephone Line for the Support of Healthcare Professionals during the Covid-19 Pandemic. Connect:	Karanikola M, Hatzioannou A, Koutroubas V, Kaikoushi K.	The World of Critical Care Nursing, DOI: 10.1891/WFCCN-D-20-00021	14(2)	78-96
5	2020	The Management of My Bipolarity Intervention on the Combined Use of Technology and Face to Face Education on the Empowerment of Ill Health Self-management.	Hatzioannou A, Papastavrou E, Chatzittofis A, Karanikola M.	Skills in Adults With Bipolar Disorder. ClinicalTrials.gov ID: NCT04643210.	10(9)	25168
6	2020	Exploration of learning through education as a method of empowerment in individuals with Bipolar Disorder.	Hatzioannou A, Papastavrou E, Chatzittofis A, Karanikola M.	Nursing and Research.		
7	2017	Phenomenological exploration of the perceptions of individuals with Bipolar Disorder regarding pharmacotherapy and effective management of their illness.	Hatzioannou A, Karanikola M, Papathanasoglou E, Kaikoushi A, Nystazaki M, Alevizopoulos G.	Psychiatry	28(4)	
8	2016	Phenomenological exploration of the perceptions of individuals with Bipolar Disorder about their illness.	Hatzioannou A, Karanikola M, Papathanasoglou E, Kaikoushi A, Giannakopoulou M, Nystazaki M, Alevizopoulos G.	Hellenic Journal of Nursing (Indexed in Scopus/ CINAHL).		

Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)					
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1					
2					
3					
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10					

**Specify venue, geographic location etc*

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2017	JOBIS (Joint Job Burnout Interventions for Beginner Nurses, Nurse Students, and Care Workers).	Cyprus University Of Technology	-Designing a support program for health care providers. -Coordination of experiential workshops for the management of occupational burnout.

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

**Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.
List the five (5) more recent (Optional Entry)**

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2020-2024	Cyprus Nurse and Midwives Association (Cynam).	Deputy Treasurer	Representation of Mental Health Nurses and management of financial issues of Cynam.
2	2023-2027	Cyprus supervisory committee for the rights of the people with mental illness	Member	Advisory role to health minister on mental health.
3	2020-2024	Cyprus Nurse and Midwives Association (Cynam).	Member	Representation of Mental Health Nurses.

**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Awarded by:
1	2023	Efficacy of educational intervention on self-management skills in individuals with bipolar disorder: results from the mob study.	Hellenic Psychiatric Association

2	2016	Phenomenological exploration of the perceptions of people with bipolar disease about pharmacotherapy and effective treatment.	Hellenic Psychiatric Association
3	2015	Investigating the Effectiveness of Combined Use of Technology and Education to Empower People with Bipolar Disorder.	Cyprus Youth Organization

Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)			
Ref. Number	Date	Title	Key Activities:
1	2019	Deputy Editorial Director of Cyprus Nursing Chronicles Journal	Assist the Editorial Director in overseeing the editorial process, ensuring that all content aligns with the publication's standards and goals.
2	2024	Deputy Editorial Director of Cyprus Nursing Chronicles Journal	Assist the Editorial Director in overseeing the editorial process, ensuring that all content aligns with the publication's standards and goals.