

Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Constantinou
Name:	Constantina
Rank/Position:	Professor in Molecular Cancer Biology
Faculty:	Medical School
Department:	Basic and Clinical Sciences
Scientific Domain: *	Molecular Cancer Biology

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Postgraduate Certificate in Learning and Teaching in Higher Education	2012	University of Hertfordshire, Hertfordshire, UK	N/A	N/A
PhD in Biochemistry	2005	St. George's, University of London (previously known as St. George's Hospital Medical School), London, UK	N/A	N/A
MSc in General and Medical Microbiology with Distinction	1998	MSc in General and Medical Microbiology with Distinction	N/A	N/A
Cornell University, College of Arts and Sciences, Ithaca, NY, USA	1997	Bachelor's Degree in Biological Sciences with Distinction in all subjects (concentration in Microbiology)	N/A	N/A
American Academy, Nicosia Cyprus	1993	American Academy Diploma with Highest Honours	N/A	N/A

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
7/2023	Current	University of Nicosia Medical School	Nicosia, Cyprus	Professor of Molecular (Cancer) Biology at the Department of Basic and Clinical Sciences
10/2011	6/2023	University of Nicosia Medical School	Nicosia, Cyprus	Associate Professor of Molecular (Cancer) Biology at the Department of Basic and Clinical Sciences
7/2020	12/2022	University of Nicosia Medical School	Nicosia, Cyprus	Associate Dean for Research
3/2019	12/2022	University of Nicosia Medical School	Nicosia, Cyprus	Director of the <i>PhD Programme in Medical Sciences</i>
3/2019	6/2020	University of Nicosia Medical School	Nicosia, Cyprus	Director of Research
3/2014	10/2018	University of Nicosia Medical School	Nicosia, Cyprus	Director of the <i>Doctor of Medicine (MD) Programme</i>
9/2012	Current	St. George's, University of London	London, UK	Honorary Senior Lecturer within the Division of Population Health Sciences & Education
10/2011	9/2012	University of Nicosia	Nicosia, Cyprus	Director of Research and Innovation Office
9/2010	8/2011	University of Nicosia	Nicosia, Cyprus	Associate Professor in the Department of Life and Health Sciences, School of Sciences
9/2010	9/2011	University of Nicosia	Nicosia, Cyprus	Associate Director of Research and Innovation Office
1/2010	6/2010	Frederick University	Nicosia, Cyprus	Visiting Lecturer

1/2009	2/2010	Yasoo Health Ltd	Nicosia, Cyprus	Research and Development Manager
2/2007	12/2009	University of Cyprus	Nicosia, Cyprus	Visiting Lecturer/Special Scientist in the Department of Biological Sciences, Faculty of Pure and Applied Sciences.
8/2005	8/2006	St. George's, University of London	London, UK	Post-doctoral Research Fellow

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2024	The overlooked association between Nutrition and the development of Acute Myeloid Leukaemia: a scoping review.	Fakak, R., Rezae, A.A., Alexander, K., and <u>Constantinou, C.</u>	<i>Current Nutrition Reports</i> doi: 10.1007/s13668-024-00522-2	13(2)	113-125
2	2023	Focusing on colorectal cancer in young adults (Review).	Constantinou, V., and <u>Constantinou, C.</u>	<i>Molecular and Clinical Oncology</i> doi: 10.3892/mco.2023.2706	20(1)	8
3	2023	Inflammation, Nutrition, Obesity, and adverse clinical outcomes in Breast Cancer Survivors: A Narrative Review.	Pannu Manjinder Kaur and <u>Constantinou, C.</u>	<i>Current Nutrition Reports</i> doi: 10.1007/s13668-023-00495-8	12(4)	643-661
4	2023	Recent developments in diagnostic and prognostic biomarkers for colon cancer: a narrative review.	Giannopoulou, N., and <u>Constantinou, C.</u>	<i>Oncology</i> doi: 10.1159/000531474	<i>Oncology</i> 101(10)	675-684
5	2023	Barriers and facilitators for adopting healthy lifestyles in breast cancer survivors: a scoping review protocol.	Shi, A., Fong K.H.A., Rodomar, C., Demetriou, C., Kolokotroni, A., Philippou, E., Mosquera M.A., Papageorgiou, E., Critselis, E., Marcou, Y. <u>Constantinou, C.</u> and Quattrochi, A.	<i>JBI Evidence Synthesis</i>	21(8)	1-9

6	2023	Hepatocellular carcinoma: A narrative Review on current knowledge and future prospects	Alawya, B. and <u>Constantinou, C.</u>	<i>Current Treatment Options in Oncology</i> doi: 10.1007/s11864-023-01098-9.	24(7)	711-724
7	2023	The 'Not so good' Cancer: Anxiety, Depression and Quality of Life in Thyroid Cancer Patients.	Alexander, K., Lee, C., Georgiades, S., and <u>Constantinou, C</u>	<i>Journal of Medicine and Life</i> doi: 10.25122/jml-2022-0204	16(3)	348-374
8	2023	The association between nutrition, obesity, inflammation and endometrial cancer: a Scoping Review.	Thrastardottir, T. O., Copeland, V.J. and <u>Constantinou, C.</u>	<i>Current Nutrition Reports</i> doi: 10.1007/s13668-022-00447-8.	12(1)	98-121
9	2022	Impact of the COVID-19 pandemic on total, sex- and age-specific all-cause mortality in 20 countries worldwide during 2020: results from the c-MOR project. doi: 10.1093/ije/dyac170.	Demetriou, C.A., Achilleos, S., Quattrocchi, A., Gabel, J., Critselis, E., <u>Constantinou, C.</u> , et al.	<i>International Journal of Epidemiology</i>	52(3)	664-676
10	2022		Kreouzi, M., Theodorakis, N. and <u>Constantinou, C.</u>	<i>American Journal of Lifestyle Medicine</i> doi: 10.1177/15598276221118494	.	

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	6/2023- Current	<i>'Development of an intervention aiming to modify behaviour and attitudes of young individuals to lifestyle practices relating to nutrition, alcohol, exercise, smoking and dealing with stress (HEALTHY TEENS)'</i> Participants: University of Nicosia Medical School, Bank of Cyprus Oncology Centre, Cyprus Anti-Cancer Society, Cyprus University of Technology.		Role in project: Researcher
2	12/2022- Current	<i>'Defining the traditional Mediterranean Lifestyle'</i> Coordinator: Mediterranean Institute of Lifestyle Medicine		Role in project: Researcher
3	9/2021- Current	<i>'Shriners Hospitals for Children Genomics and Precision Medicine Project'</i> Coordinator: Shriners Hospitals for Children, USA. Participants: Shriners Hospitals for Children and University of Nicosia Medical School.		Role in Project: Researcher/ Cyprus Coordinator
4	11/2021- Current	<i>'Healthy Lifestyle Practices of Breast Cancer Survivors in Cyprus (HEROES)'</i> Coordinator: University of Nicosia Medical School, Cyprus Participants: University of Nicosia Medical School, Bank of Cyprus Oncology Centre, Cyprus University of Technology.	The University of Nicosia Medical School Seed Fund.	Role in project: Principal Investigator
5	11/2017- Current	EXPECT: 'Medical students' expectations of the future: a multi-site, longitudinal study.' Participants: The University of Leeds (UK), Utrecht University	The University of Nicosia Medical School	Researcher

		(Netherlands), McGill University Montreal (Canada), Dalhousie University Halifax (Canada), Karolinska Institutet Stockholm (Sweden) and University of Nicosia Medical School.		
6	9/2019-8/2022	<i>'Curriculum development using VR Technology to enhance empathetic communication skills in future health care professionals (EmpathyInHealth).'</i> Participants: University of Nicosia Medical School, MMC Management Center (Cyprus), Κυπριακή Εταιρεία Πιστοποίησης (Cyprus), Vrije Universiteit Brussel (Belgium), Evangelische Hochschule Berlin (Germany), University of Thessaly (Greece) and OmegaTech (Greece).	Erasmus KA203 Strategic Partnership	Researcher
7	11/2019-Current	TAMRES: Prognostic significance of estrogen receptor B as a novel biomarker responsible for tamoxifen resistance in cypriot breast cancer patients'	University of Nicosia Medical School Seed Fund	Researcher
8	10/2010-10/2015	ePBLNET: Establishment of the Supra-Regional Network of the National Centres in Medical Education, focused on Problem Based Learning (PBL) and Virtual Patients' ePBLNET. Participants: St George's, University of London (UK), Aristotelio Panepistimio Thessalonikis (Greece), University of Nicosia (Cyprus),	Tempus	Researcher

		David Tvildiani Medical University (Georgia), Akaki Tsereteli State University (Georgia), Sumy State University (Ukraine), Zaporozhye State Medical University (Ukraine), Karaganda State Medical University (Kazakhstan), JSC "Astana Medical University" (Kazakhstan).		
9	12/2006-6/2009	Project: 'Evaluation of the chemoprotective and anti-cancer activities of natural and synthetic antioxidant compounds.' Program: Ένταξη, Ενίσχυση και Κινητικότητα νέων ερευνητών-ΠΕΝΕΚ, Δράση Κινητικότητα. Program code: KINHT 0506/06. The application received the highest score (9.6/10)	The Cyprus Research Promotion Foundation.	Scientist
10	12/2006-12/2008	Project: Development of a novel nutraceutical for the prevention and management of type 2 diabetes and its complications. Program code: AKGEN/0506/04.	The Cyprus Research Promotion Foundation.	Scientist

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

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Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)			
Ref. Number	Date	Title	Awarded by:
1	2019	Certificate of Achievement in recognition of Outstanding Contribution to Medical Education	University of Nicosia Medical School, Cyprus
2	2005-2006	Funding for Post-doctoral research	The Wellcome Trust (Value In People Award), UK.

3	2002-2004	Scholarship	The Overseas Research Awards Scheme (ORS), UK
4	2001-2004	Scholarship	The Cancer Prevention Research Trust, UK.
5	2001-2002	Scholarship	The A. G. Leventis Foundation, Cyprus
6	1993-1997	Scholarship	Fulbright Scholarship Programme
7	1994-1996	Dean's List	Cornell University