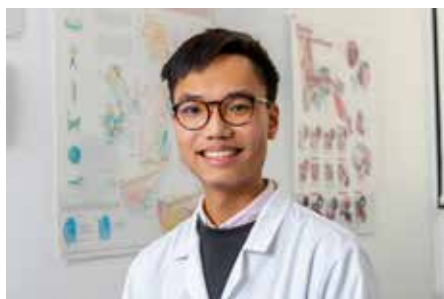


# MASTER OF PUBLIC HEALTH (MPH)





# TOP REASONS TO STUDY PUBLIC HEALTH AT UNIC



**STUDY FULL-TIME OR PART-TIME FLEXIBILITY AND AT YOUR OWN PACE**



**LEARNING OUTCOMES ALIGNED WITH THE UK'S FACULTY OF PUBLIC HEALTH DIPLOMATE EXAMINATION (DFPH)**



**A FULLY ONLINE MASTER'S DEGREE**

from the first university in the European Union to earn a 5-Star rating for online/distance learning



**UNIC RANKED NUMBER 32 UNIVERSITY IN THE WORLD IN THE CORE AREA OF QUALITY EDUCATION**

TIMES HIGHER EDUCATION, 2021



**IDEAL FOR WORKING PROFESSIONALS AND NEW GRADUATES**



**AFFORDABLE MPH**

with scholarships available for global access







### OUR VISION

The Medical School espouses the holistic concept of One Health, which emphasizes the relationship between the health of humans and animals within a healthy, sustainable environment. We aim to achieve excellence in teaching, research, community service and patient care.



### STUDENT-CENTRED EDUCATION

We strive to maintain a supportive learning environment that promotes and encourages student interaction and feedback. The student-centred curriculum allows for the early development of clinical skills and reasoning, and promotes collaborative learning, critical thinking and reflection, skills that are essential for a career in medicine.



### PROFESSIONALISM

We adhere to the highest professional standards and we expect our students to demonstrate professionalism, during their studies and beyond.

### OUR MISSION

We are committed to the provision of innovative, student-centred and high-quality education, which is based on the best available evidence in current medical pedagogy. We are also committed to systematically fostering original research in the basic, clinical, social and behavioural sciences and, to serving and improving the health of the population through outreach, service and patient care services.



### EQUALITY AND DIVERSITY

We are committed to the promotion of equality and respect, and embrace the individual, social and cultural diversity of the student community.



### INTERNATIONAL PARTNERSHIPS

We maintain successful partnerships with leading institutions, which enables the sharing of knowledge and expertise in medical education and research, while providing our students with opportunities to gain international research and clinical experience.



### EXCELLENCE IN PATIENT CARE

We provide high quality primary care services based on a comprehensive, holistic and evidence-based approach.



We aim to produce competent graduates, committed to life-long learning, who can pursue further training in their field of choice and will be competent and successful practitioners, teachers, administrators and researchers. Our School's graduates make patient care their highest priority.



### SOCIAL RESPONSIBILITY

We regularly and actively contribute to society through outreach events and other initiatives, with the support of our faculty, staff and students.



### EXCELLENCE IN TEACHING AND RESEARCH

We deliver teaching and conduct research of the highest quality and we equip students with the knowledge, skills and confidence to succeed in their chosen medical career path. This is achieved by means of the most up-to-date and quality assured curricula and assessments, which are implemented in a multicultural and supportive learning environment.

# THE PROGRAMME

## MASTER OF PUBLIC HEALTH (MPH)

### – DISTANCE LEARNING



#### DIRECT ACCESS TO FACULTY

thrive and find support with a personal mentor matched with students from day one



#### PROGRAMME FLEXIBILITY AND GUIDANCE

provided for global working professionals throughout their studies



#### FOCUS ON PUBLIC HEALTH

disaster risk reduction, prevention, preparedness, response and recovery

#### GRADUATE ENTRY DEGREE

Degree awarded:	Duration of study:	Language of instruction:	Mode of delivery:
Master of Public Health (MPH)	3 Semesters	English	Distance Learning

#### THE PROGRAMME

The Health of Humans is Connected to the Health of Animals and the Environment, in the Concept of One Health.

Accelerate your management knowledge with skills for tackling current and emerging global public health challenges: climate change, armed conflict, forced migration, as well as pandemics.

Public Health is defined by the Faculty of Public Health, UK as 'The science and art of promoting and protecting health and well-being, preventing ill-health and prolonging life through the organised efforts of society'. The MPH curriculum is mapped according to the Faculty of Public Health Diplomate Examination (DFPH). It covers the main domains of Public Health Practice (Health Protection, Health Improvement, Health Services Provision) and offers the opportunity to specialise in a broad range of public health topics. The programme places a strong emphasis on global aspects of public health, like the epidemiology and prevention of both non-communicable and infectious conditions. There is a focus on current issues in both developed and developing countries for preparedness in disaster risk reduction, prevention, response, and recovery.

A unique feature of our MPH programme is its international orientation: the programme is part of a Medical School with faculty, teaching hospitals, and students from across the globe.



#### PROGRAMME'S AIMS AND OBJECTIVES

The main aims of the programme are to enable students to:

- Enhance the necessary knowledge and skills for conducting and critically evaluating research relevant to Public Health.
- Develop a comprehensive, holistic and evidence-based approach to Public Health.
- Develop the skills and critical thinking for practicing health protection, health promotion, and disease prevention for the major non-communicable and infectious conditions affecting the developed and the developing world.
- Develop the necessary knowledge and skills for identifying and tackling environmental threats to population health, including emergency response, recovery and rehabilitation in the context of disasters, as well as occupational hazards and their prevention and management.
- Develop the necessary knowledge and skills for applying the principles of health economics for prioritizing, devising, and evaluating cost-effective health services and systems in different settings, both nationally and globally.
- Develop the necessary skills and confidence to assess needs, conduct, and disseminate (through scientific papers and oral presentations) high quality research relevant to Public Health.

The specific objectives of the programme are to:

- Introduce and analyse the major principles of Epidemiology and Public Health, with emphasis on studying the frequency, distribution, determinants, and prevention of disease in populations.
- Provide students with the necessary knowledge and skills to assess the needs, design, analyse, interpret, and critically evaluate quantitative (epidemiological) and qualitative research studies relevant to Public Health.

- Provide students with the necessary critical thinking, practical skills, and confidence to perform appropriate statistical analysis for conducting epidemiological research, using a statistical software package.
- Introduce and analyse Health Protection and Health Promotion, covering and explaining the methodology used for protecting the public from infectious agents and environmental hazards, as well as the methodology used for preventing disease and improving health in populations.
- Provide students with in depth knowledge on the epidemiology of the major non-communicable and infectious conditions causing the biggest burden on developed and developing societies, as well as regional, national and global preventive initiatives for tackling these.
- Cover in detail the distal and proximal environmental determinants of health and the response to environmental emergencies and disasters, as well as occupational hazards, including methods and systems for prevention, risk management, incident investigation, and monitoring at the workplace
- Introduce students to the major principles of health economics and equip students with the knowledge and skills to perform a clinical audit, as well as design and evaluate cost-effective health services and systems, in a global context.
- Provide the opportunity to actively engage in public health research by writing up a research grant proposal including a bioethics application and conducting their own epidemiological study, leading to the write up of a scientific article at the standards of a peer-reviewed publication to a relevant international Journal, as well as an oral presentation.
- Provide the opportunity to study in depth specific aspects of Public Health such as environmental and occupational health, health inequality within and between countries, population ageing and health, public health nutrition, social and behavioural, as well ethical dimensions of Public Health





## INTERNATIONALLY RENOWNED FACULTY EXPERTS

FROM AROUND THE WORLD WITH EXTENSIVE EXPERIENCE



## CUTTING EDGE ONLINE LEARNING

FIRST UNIVERSITY IN EUROPE WITH 5 QS STARS FOR ONLINE EDUCATION

# ACADEMIC PATH

The programme is divided into three semesters, comprising three or four courses each (5-10 ECTS per course). Core courses are taught in semesters 1 and 2 and are compulsory. After completing the core programme, students have the opportunity to choose one of two paths in semester 3. In the electives path, students have to take Research Methodology in Public Health (MPH-590) and choose two (out of six) elective courses. Alternatively, students can choose to follow a more research-oriented path by selecting Research Methodology in Public Health (MPH-590) and Research Project (MPH-596), where they will be expected to engage in research by performing their own study on a relevant public health topic.

SEMESTER 1	
30 ECTS, all courses required	
Course code	Title
MPH-511	Principles of Epidemiology and Public Health
MPH-514	Health Protection: Safeguarding Wellbeing in Populations
MPH-515	Health Promotion: Maintaining Wellbeing in Populations
MPH-521	Epidemiology and Prevention of Chronic and Infectious Diseases in a Global Context

SEMESTER 2	
30 ECTS, all courses required	
Course code	Title
MPH-512	Applied Statistics for Epidemiology and Public Health
MPH-522	Health Policy, Management and Leadership
MPH-523	Health Economics in the Context of Health Services and Systems: Global Perspectives

SEMESTER 3	
30 ECTS, students are required to choose from the two options offered	
Option 1	
Course code	Title
MPH-590	Research Methodology in Public Health (Required)
MPH-596	Master's Thesis (Research Project) (Required)

Option 2	
Course code	Title
MPH-590	Research Methodology in Public Health (Required)
Plus two elective courses from the following:	
MPH-532	Health Inequality within and between countries
MPH-531	Environmental and Occupational Health
MPH-532	Health Inequality within and between countries
MPH-534	Public Health Nutrition
MPH-535	Social and Behavioural Dimensions of Health
MPH-536	Ethical and Legal Dimensions of Public Health

# FLEXIBLE LEARNING TAILORED TO YOUR NEEDS

Our dynamic programme is tailored to the needs of full-time working professionals and new graduates. By choosing the number of courses per semester, students have the opportunity to establish their own time schedule, study pace and workload.

In addition, the distance learning mode, comprising online interactive lectures, tutorials, activities, and assignments, allows study outside normal working hours, as well as autonomy and control.

The MPH programme is delivered over 3 semesters (18 months full-time, or up to 4 years part-time) and features 6 core courses and a choice of one of two paths.

The Faculty of Public Health Diplomate Examination (DFPH):

The MPH programme curriculum has been designed with the DFPH (formerly the Part A exam) in mind, and the learning outcomes correlate to a large extent with those of that exam.

Students who pass the DFPH exam are demonstrating a professional level of knowledge and understanding of the scientific basis of public health. Success in the DFPH leads to election into Diplomate Membership of the Faculty of Public Health.



## PATH 1

Students complete Research Methodology in Public Health (MPH-590) and may choose two out of six elective courses, giving them the opportunity to gain further in-depth knowledge in specialised areas of public health, environmental health and occupational health.



## PATH 2

Allows students to pursue a health-related research project while drawing on knowledge and skills gained from the programme.



# FACULTY OF PUBLIC HEALTH



## CUTTING-EDGE ONLINE LEARNING

The programme is conducted completely online in an e-Learning Environment (Moodle,) which includes multiple embedded synchronous and asynchronous learning activities, such as webinars, online chats, discussion fora and wikis. In addition, recorded lectures are designed to enhance student interactivity and active learning by including slides with clickable tabs, interactive quizzes, drag-and-drop activities, matching activities and opinion polls. Our programme follows standardised and validated pedagogical approaches, ensuring constant tutor student interaction (webinars, online chats, discussion fora), student to student interaction (online chats, discussion fora, wikis), and student-material interaction (recorded lectures, additional resources.)

## E-LEARNING EXCELLENCE

The University of Nicosia is a regional leader in distance learning education at the Bachelor and Master level. We use the most up-to-date technologies and state-of-the-art learning design theories to deliver our courses and we are the first university in Europe to have received a triple recognition (5 QS Stars, EADTU, EFQUEL) for excellence in online education. As a testament to the quality of our online programmes, our University has been awarded the highest accolades for e-learning and distance learning education excellence.

Moreover, UNIC is the first European university to be awarded a 5-Star rating for Online/Distance Learning and 13th university in the world to receive such a distinction. In addition, UNIC received the highest distinction of 5-Stars in Teaching, Facilities, Inclusiveness, Social Responsibility and Internationalisation.

# GRADUATES' PLACEMENTS



751 OUT OF 752  
UNIVERSITY OF NICOSIA  
MEDICAL SCHOOL  
GRADUATES OR

# 99.9%

ARE PRACTISING  
DOCTORS AT OVER 300  
MEDICAL CENTRES  
AROUND THE WORLD





# CRISIS MANAGEMENT

## PANDEMIC, ENVIRONMENTAL, EMERGENCY

The acquisition of crisis management skills enables students to respond effectively to adverse situations. Students explore crisis prevention at a local, national and international level as well as monitoring and support during and after an emergency. For instance, in the context of emerging and re-emerging infectious diseases, essential components of the programme include: knowledge on how pandemics spread within a population, evaluation of best practice in population protection, and measures which could limit such spread. This includes monitoring and managing the virus spread and containment across various levels from a workplace perspective to advising on national policy.



Address critical policy issues and public health challenges in developed and developing countries



Review health policy reform and service delivery in periods of economic crisis and austerity



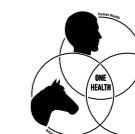
“The coronavirus pandemic has highlighted vulnerabilities across global populations. As a public health practitioner, I discuss approaches to community health that are practical and achievable with limited resources, like in refugee populations in Greece. We can see how conflict, pollution and access to health care affects populations in urban and rural settings in every country, and we need creative problem solving for our ongoing public health challenges to serve the most vulnerable populations.”

### Anne Merewood, PhD, MPH

Visiting Associate Professor UNIC Medical School Director, Center for Health Equity, Education, and Research, Associate Professor of Pediatrics, Boston University School of Medicine, Associate Professor of Community Health Sciences, Boston University School of Public Health



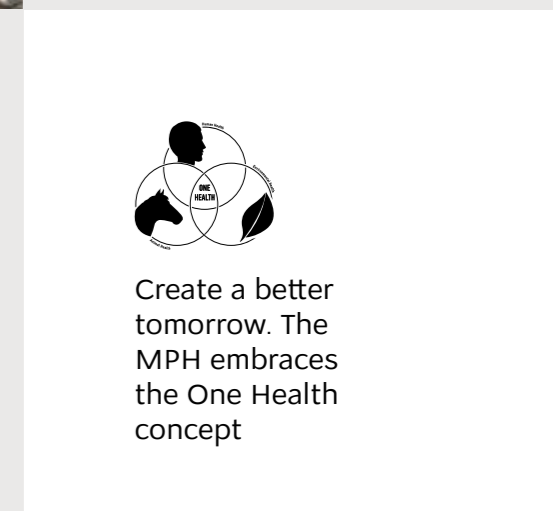
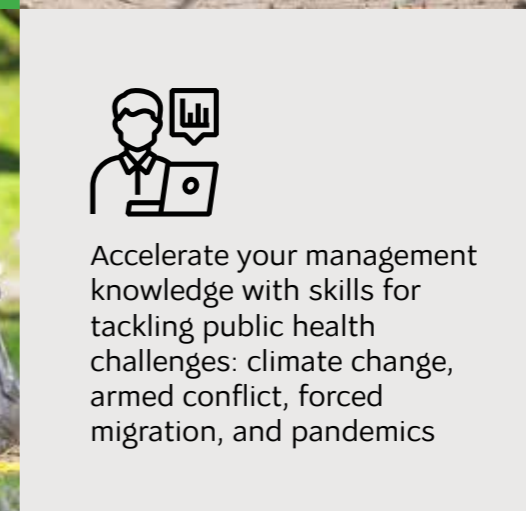
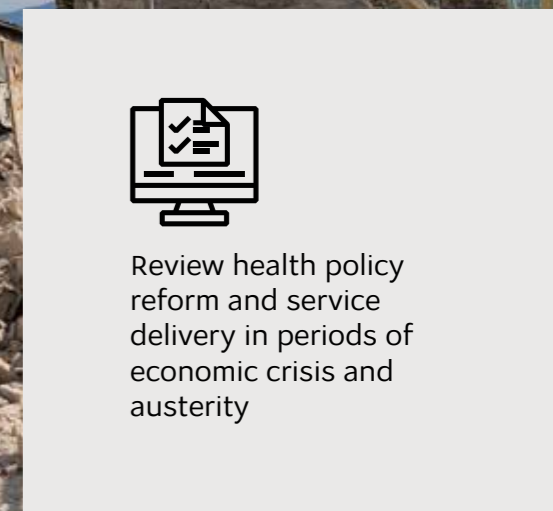
Accelerate your management knowledge with skills for tackling public health challenges: climate change, armed conflict, forced migration, and pandemics



Create a better tomorrow. The MPH embraces the One Health concept



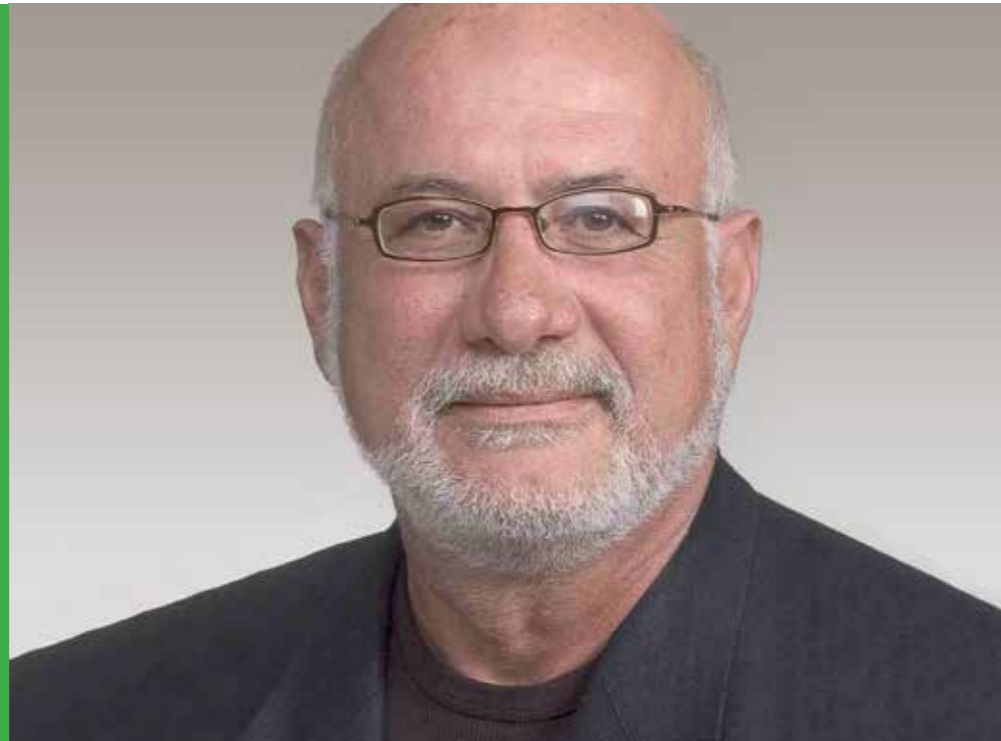
Take advantage of lessons learned in epidemic and pandemic crisis management on a regional and global scale





# RENOWNED FACULTY

To realise our vision of serving as a centre of excellence in health services administration education, we have brought together experts from around the world. Our faculty have extensive experience of teaching, working and conducting research in this exciting field and each course is taught by a leader in their field.



“In an era of rapid development and population growth, it is essential that public health is a major priority for all governments globally, from the most developed countries to the least. Public health challenges are constant and complex, and there is a need for highly skilled and competent professionals to deal with these.

I am excited to be involved in the University of Nicosia Master of Public Health, a programme designed with the aspiration of educating the next generation of public health professionals locally, regionally and globally.”

**Kyriakos S. Markides**

Professor of Aging Studies Editor of the Journal of Aging and Health

# MENTOR FOR SUCCESS



“This Master of Public Health degree emphasizes the concept of “One Health”, recognizing the interconnection between humans, animals and their environments. It is only through this recognition that we can fully equip students with the necessary knowledge and competencies so that they can contribute to efforts towards meeting the Sustainable Development Goal of “Good Health”. Our curriculum has been carefully designed to cover the main pillars of public health practice and research and is aligned with the UK Faculty of Public Health syllabus, ensuring the highest quality education.”

**Christiana Demetriou**

Assistant Professor of Epidemiology and Public Health,  
MPH Programme Coordinator

“Public Health is an investment for a healthy and sustainable present and future, and the world is in need of Public Health professionals. UNIC provides the opportunity for working professionals and long-distance students to enhance and acquire knowledge on the different disciplines of Public Health through a state-of-the-art online/distance learning programme. Students interact with their mentor and with each other throughout the courses for a holistic understanding of the material. Our role as mentors is to support students in their journey to find an appropriate work-life-balance.

**Souzana Achilleos**

Assistant Professor in Environmental Health





# ALUMNI TESTIMONIALS



"I definitely recommend anyone who is interested in Public health, Epidemiology, Global health, or just wants to add a new perspective to their practice to apply for the MPH with UNIC Medical School! You will get supported by the entire administrative and academic team throughout your studies and will have all the necessary resources to succeed! It was a great experience and I had the necessary support to achieve my personal and academic objectives while learning from qualified and helpful professors!"

**Rachel Beaulieu**  
Class of 2022

"I had previously worked for over a decade in the department of public health and epidemiology. However, since I started the MPH programme with the University of Nicosia, I started loving my profession more than ever before.

It grew a confidence in my scientific skills, especially my ability to analyze public health related issues. In addition to this, the programme continues to encourage and motivate me to further my education in public health and epidemiology."

**Jemal Yonis**  
Class of 2023





# ADMISSION PROCEDURE



## A BACHELOR'S DEGREE

from an institution recognised in the country where it operates. A degree in a health or business related field is an advantage



One reference letter either academic or professional

# STUDENT OUTCOMES

Our multidisciplinary curriculum focuses on current and emerging issues in the global healthcare industry and prepares graduates to tackle real world challenges in leadership positions at the local, national and international level. Upon graduation, they will be able to pursue or further their career in a multitude of settings, such as hospitals, pharmaceutical companies, insurance firms, health departments, biotechnology firms, start-ups and more. Specifically, graduates can manage and lead healthcare organisations and units through critical evaluation of the industry, efficient operational management, prudent financial planning, and effective human resource management. Within our international medical programmes, our graduates have a 99% career placement rate. The strong emphasis on innovation and technological advancements enables graduates to provide vision and initiate strategic change in healthcare organisations.



A personal statement describing (i) your past educational, professional, or other experience with a focus on that which is relevant to Public Health (if any); (ii) how this degree would support your personal or professional aspirations; and (iii) your experience and ability to work independently as well as in a team



## ENGLISH PROFICIENCY

If English is not your first language and you have not earned a degree taught in English, an IELTS score of 6.5 overall and no less than 6.0 in each of the subtest components, or an equivalent test and scores



# TUITION FEES

Tuition for the degree is €12,060, with tuition grants and scholarships available for qualifying students. All students applying for entry in Fall 2025 will be awarded a 20% scholarship, reducing tuition to €9,648. Additional scholarships, based on demonstrated financial need, can cover up to 30% of tuition costs, and installment plans are available.





# THE UNIVERSITY



The University of Nicosia (UNIC) is a research-oriented university committed to teaching, research, innovation, sustainability, societal engagement, and contributing to culture. It offers more than 100 programmes at the Bachelor's, Master's, and Doctoral degree levels, both on-campus and online, to more than 12,500 students from over 100 countries.

UNIC conducts high-quality research in various academic disciplines, with a particular focus on emerging technologies of the Fourth Industrial Revolution and their impact on society. The University actively engages with research centres, industry, and society, its actions resulting in programmes of study that address industry needs and are accredited by relevant professional bodies.

UNIC has an outstanding academic reputation and a global outlook, reflected in its impressive results in the international rankings. Indicatively, the Times Higher Education (THE) World University Rankings 2024 has recognised UNIC as one of the top 2% of universities in the world.

Located in Nicosia, the capital of Cyprus, an EU-member state, UNIC's main campus is ideally situated for students who are aspiring to study in a dynamic and multicultural environment while enjoying the benefits of a modern and welcoming city, Nicosia.

# TOP 501-600

**IN THE WORLD**

TIMES HIGHER EDUCATION  
WORLD UNIVERSITY RANKINGS 2024

# #155

**IN THE EU**

TIMES HIGHER EDUCATION  
WORLD UNIVERSITY RANKINGS 2024

# #1

**IN CYPRUS AND GREECE\***

TIMES HIGHER EDUCATION  
WORLD UNIVERSITY RANKINGS 2024

# TOP 101-150

**IN THE WORLD**

TIMES HIGHER EDUCATION  
YOUNG UNIVERSITY RANKINGS 2023

\* Along with one Cypriot and two Greek Universities.



# APPLY TODAY

FIND OUT MORE ABOUT OUR  
MASTER OF PUBLIC HEALTH

[unic.ac.cy/med](https://unic.ac.cy/med)

@ [admissions@med.unic.ac.cy](mailto:admissions@med.unic.ac.cy)

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**US-Toll Free** + 1 877 298 8189  
**Australia** + 61 417 397 712

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Nicosia 2408, Cyprus

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✂ [UNIC\\_med](#)

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📺 [UNICMedicalSchool](#)



**Disclaimer:**

Every reasonable effort has been made to ensure that the information contained in this brochure is correct and accurate at the time of printing (November 2024). In the event of discrepancy between the print version and information provided on the Medical School's website, the web version will apply. The Medical School will make every endeavour to

deliver the graduate entry MD as described in this brochure. However, changes may be necessary at times. The Medical School reserves the right to make changes to the content or methods of programme delivery. The Medical School reserves the right to change, without notice, any information about the services contained in this brochure.





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