FORM NUM: 500.1.03

Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Skordis
Name:	Nicos
Rank/Position:	Professor
Faculty:	Medical School
Department:	Choose an item.
Scientific Domain: *	Pediatric Endocrinology

Academic qualifications

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
MD	1978	Athens University	Medical School	
PhD	2013	University of Ioannina	Medical School	The spectrum of molecular defects in Congenital Adrenal Hyperplasia in the island of Cyprus,
Specialty in Paediatrics	1983	Greece / Medical board Cyprus		
Specialty in Endocrinology	1987	Greece / Medical board Cyprus		

Employment history in Academic Institutions/Research Centers				
Period of employment		Employer	Location	Position
From	To			
2013	today	Paedi Center for specialized Paediatrics – division of Paediatric and adolescent Endocrinology	Nicosia	Director
1989	2013	Makarios Hospital – division of Paediatric and adolescent Endocrinology	Nicosia	Director
1984	1987	State University of New York University of Florida	Buffalo Gainesville	Fellow

Key *refereed* journal papers, monographs, books, conference publications etc.		
Ref. Number	Year	Title
1	2018	**Skordis N**, Butler G, de Vries MC, Main K, Hannema SE. ESPE and PES International Survey of Centers and Clinicians Delivering Specialist Care for Children and Adolescents with Gender Dysphoria. **Horm Res Paediatr. 2018;90(5):326-331**
2	2020	**Skordis N**, Kyriakou A, Dror S, Mushailov A, Nicolaides NC. Gender dysphoria in children and adolescents: an overview. **Hormones (Athens). 2020 Sep;19(3):267-276.**

3	2020	Kyriakou A, Nicolaides NC, **Skordis N.** Current approach to the clinical care of adolescents with gender dysphoria. **Acta Biomed. 2020 Mar 19;91(1):165-175**
4	2020	Nicolaides NC, Matheou A, Vlachou F, Neocleous V, **Skordis N.** Polycystic ovarian syndrome in adolescents: From diagnostic criteria to therapeutic management. **Acta Biomed. 2020 Sep 7;91(3): e2020085.**
5	2019	Neocleous V, Fanis P, Toumba M, Stylianou C, Picolos M, Andreou E, Kyriakou A, Iasonides M, Nicolaou S, Kyriakides TC, Tanteles GA, **Skordis N**, Phylactou LA. The Spectrum of Genetic Defects in Congenital Adrenal Hyperplasia in the Population of Cyprus: A Retrospective Analysis. **Horm Metab Res. 2019 Sep;51(9):586-594.**
6	2019	Fanis P, **Skordis N**, Toumba M, Papaioannou N, Makris A, Kyriakou A, Neocleous V, Phylactou LA Central Precocious Puberty Caused by Novel Mutations in the Promoter and 5'-UTR Region of the Imprinted *MKRN3* Gene. **Front Endocrinol (Lausanne). 2019 Oct 4; 10:677**
7	2020	Neocleous V, Fanis P, Toumba M, Tanteles GA, Schiza M, Cinarli F, Nicolaides NC, Oulas A, Spyrou GM, Mantzoros CS, Vlachakis D, **Skordis N**, Phylactou LA GnRH Deficient Patients With Congenital Hypogonadotropic Hypogonadism: Novel Genetic Findings in *ANOS1, RNF216, WDR11, FGFR1, CHD7*, and *POLR3A* Genes in a Case Series and Review of the Literature. **Front Endocrinol (Lausanne). 2020 Aug 28; 11:626.**
8	2019	Neocleous V, Fanis P, Cinarli F, Kokotsis V, Oulas A, Toumba M, Spyrou GM, Phylactou LA, **Skordis N.**46,XY complete gonadal dysgenesis in a familial case with a rare mutation in the desert hedgehog (DHH) gene. **Hormones (Athens). 2019 Sep;18(3):315-320**

9	2018	Neocleous V, Fanis P, Phylactou LA, **Skordis N.** Genotype Is Associated to the Degree of Virilization in Patients with Classic Congenital Adrenal Hyperplasia. **Front Endocrinol (Lausanne). 2018 Dec 3; 9:733**
10	2018	Aristidou C, Theodosiou A, Bak M, Mehrjouy MM, Constantinou E, Alexandrou A, Papaevripidou I, Christophidou-Anastasiadou V, **Skordis N**, Kitsiou-Tzeli S, Tommerup N, Sismani C. Position effect, cryptic complexity, and direct gene disruption as disease mechanisms in de novo apparently balanced translocation cases. **PLoS One. 2018 Oct 5; 13(10): e0205298. doi: 10.1371**

Ref. Number	***Date***	*Exhibitions* ***Topic***
1	2018 ATHENS	**The 57th ESPE Meeting - European Society for Paediatric Endocrinology**, September 27-29, 2018, Athens, Greece. '*The spectrum of genetic defects in Congenital Adrenal Hyperplasia in the population of Cyprus: A retrospective analysis'.* **N Skordis**, P Fanis, M Toumba, Ch Stylianou, M Picolos, E Andreou, A Kyriakou, L Yiannakide-Myli, M Iasonides, S Nicolaou, TC Kyriakides, GA Tanteles, V Neocleous and LA Phylactou. **ePoster presentation**
2	2018	**The 57th ESPE Meeting - European Society for Paediatric Endocrinology**, September 27-29, 2018, Athens, Greece. *'Phenotype and genotype of four patients with thyroid hormone resistance syndrome due to mutations in the THRB gene'.* M Toumba, V Neocleous, P Fanis, **N Skordis**, LA Phylactou, GA Tanteles, M Himonas, M Picolos. **ePoster presentation**
3	2018	**The 57th ESPE Meeting - European Society for Paediatric Endocrinology**, September 27-29, 2018, Athens, Greece. *'Molecular screening of genes associated with central precocious puberty'*. P Fanis, V Neocleous, M Toumba, B Gorka, Ch Stylianou, A Galli-Tsinopoulou, S Nicolaou, A Kyriakou, M Dimitriadou, A Christoforidis, **N Skordis** & LA Phylactou. **Oral Presentation**

4	2018	**The 57th ESPE Meeting - European Society for Paediatric Endocrinology**, September 27-29, 2018, Athens, Greece. *'Evidence for a founder effect in Multiple Endocrine Neoplasia 2'*. P Fanis, **N Skordis**, S Frangos, G Christopoulos, E Spanou-Aristidou, E Andreou, P Manoli, M Mavrommatis, S Nicolaou, M Kleanthous, MA Cariolou, V Christophidou-Anastasiadou, GA Tanteles, LA Phylactou & V Neocleous. **Oral Presentation**
5	2018	**7th International Conference of the Cyprus Society of Human Genetics**. Nicosia, Cyprus, December 2018. *"Molecular investigation in patients with central precocious puberty"* P Fanis, **N Skordis**, M Toumba, B Gorka, N Papaioannou, Ch Stylianou, A Galli-Tsinopoulou, S Nicolaou, A Kyriakou, M Dimitriadou, A Christoforidis, V Neocleous & LA Phylactou. **Poster Presentation**
6	2019	**The 58th ESPE Meeting - European Society for Paediatric Endocrinology**, September 19-21, 2019, Vienna, Austria. ''*Central Precocious Puberty Caused by Novel Mutations in the Promoter and 5'-UTR region of the Imprinted MKRN3 Gene''.* P Fanis, **N Skordis**, M Toumba, N Papaioannou, A Makris, A Kyriakou, V Neocleous & LA Phylactou. **Oral Presentation**
7	2019	**The 58th ESPE Meeting - European Society for Paediatric Endocrinology**, September 19-21, 2019, Vienna, Austria. ''*Next Generation Sequencing in GnRH deficient patients with congenital hypogonadotrophic hypogonadism: Novel findings in KAL1, SRA1, WDR11, FGFR1, CHD7 and PROP1 genes''.* V Neocleous, P Fanis, M Toumba, F Cinarli, M Schiza, Ch Stylianou, GA Tanteles, A Oulas, GM Spyrou, **N Skordis**, LA Phylactou. **Poster Presentation**
8	2019	**The 58th ESPE Meeting - European Society for Paediatric Endocrinology**, September 19-21, 2019, Vienna, Austria. ''*46, XY complete gonadal dysgenesis in a familial case with a rare mutation in the Desert Hedgehog (DHH) gene''.* V Neocleous, P Fanis, F Cinarli, A Oulas, GM Spyrou, LA Phylactou & **N Skordis**. **Poster Presentation**
9	2019	**The 58th ESPE Meeting - European Society for Paediatric Endocrinology**, September 19-21, 2019, Vienna, Austria. ''*ADCY3 genetic variants in Cypriot obese children*''. M Frixou, P Fanis, **N Skordis**, Ch Stylianou, GA Tanteles, M Toumba, V Neocleous, LA Phylactou & M Pantelidou. **Poster Presentation**

10	2020	**8th International conference of The Cyprus Society of Human Genetics,** December 4-5, 2020, Nicosia, Cyprus. *GnRH Deficient Patients with Congenital Hypogonadotropic Hypogonadism: Novel Genetic Findings in ANOS1, RNF216, WDR11, FGFR1, CHD7, and POLR3A Genes.* Pavlos Fanis, **Nicos Skordis**, Meropi Toumba, George A. Tanteles, Melpo Schiza, Feride Cinarli, Nicolas C. Nicolaides, Anastasis Oulas, George M. Spyrou, Christos S. Mantzoros, Dimitrios Vlachakis, Vassos Neocleous and Leonidas A. Phylactou.

Research Projects				
Ref. Number	**Date**	**Title**	**Funded by**	**Project Role***
1	2021	Discovery of novel genes causing Central Precocious Puberty	CING	Co-investigator
2	2021	Towards unravelling the role of miRNAs in the onset of Puberty	CING	Co-investigator
3		Investigation of the incidence of Diabetes Mellitus and the natural course of Metabolic syndrome and Insulin resistance in obese adolescents.	Cyprus Research Promotion Foundation	Co-investigator
4		Investigation of type 2 diabetes susceptibility loci in the Cypriot population'	Cyprus Research Promotion Foundation	Co-investigator
5		The prevalence of Non Classical Congenital Adrenal Hyperplasia due to 21-OHD in Cypriot females with Hyperandrogenism and Ovarian Dysfunction	Cyprus Research Promotion Foundation	Co-investigator

6		GnRH deficiency: Elucidation of the neuroendocrine control of human reproduction	COST action	Co-investigator

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees				
Ref. Number	**Period**	**Organization**	**Title of Position or Service**	**Key Activities**
1	2021 -	Hormones	Editorial Board	Editorial Board
2	2021 -	Endocrine Society	Member	Member
3	2020 -	ESPE – European Society for Paediatric Endocrinology	Clinical committee	Member

AWARDS and HONORS

1. "Maounion" Award (Outstanding Pediatric Resident), Athens, Greece, 1982.
2. American Diabetes Association award (for exceptional contributions of time and talent), Florida, 1986
3. 1st prize for contribution to Medical Science and the work: Screening for Congenital Hypothyroidism in Cyprus, by Limassol Medical Association, Limassol, 1990
4. 1st prize for contribution to Medical Science and the work: HLA DR2 does not protect from IDDM in Greek Cypriots by Limassol Medical Association, Limassol, 1992
5. 1st prize for contribution to Medical Science and the work: Detection of SRY gene in patients with Turner Syndrome by Limassol Medical Association, Limassol, 1996
6. Award by "Hippocrates" Medical Association for the work: The SMC in patients with Turner Syndrome arises from Y. Chromosome material, Nicosia, 1996
7. Certificate of Appreciation for unselfish services and support extended to Medic Alert Foundation Cyprus, Nicosia 1996
8. 3rd Choremion Award for the work: Molecular analysis of the AVP NP-II gene and morphological abnormalities of the posterior pituitary lobe in Autosomal Dominant Neurohypopheseal Diabetes Insipidus - 36th Annual Panhellenic Pediatric Meeting - Paphos 1998
9. Honor for the work "Molecular analysis of the AVP NP-II gene and morphological abnormalities of the posterior pituitary lobe in Autosomal Dominant Neurohypopheseal Diabetes Insipidus" by Limassol Medical Association, Limassol 1998.
10. Award "George Kalaitzoglou" for the published paper "Fertility in Female Patients with Thalassaemia", Journal of Pediatric Endocrinology and Metabolism, 11:935-943, Annual Endocrine meeting, Athens 1999.
11. Award for the best scientific work "Heterogeneity in clinical manifestation and morphological findings in Autosomal Dominant Neurohypophesseal Diabetes Insipidus caused by a G 1773A mutation" presented at the Annual Meeting of Hippocrates Medical Association, Nicosia 1999.

12. Certificate of Appreciation as a speaker to the Seventh International Conference on Thalassaemia and the Haemoglobinopathies and the 9th Thalassaemia Parent and Thalassaemia International Conference, Bangkok, Thailand, 1999.

13. 1st price for the work "Leptin levels in children and adolescents: correlation with gender, pubertal stage and obesity; impact on lipid levels" by Limassol Medical Association, Limassol 2005

14. Certificate of Appreciation as an invited speaker in the 1st Cyprus Diabetic Association Conference, Nicosia 2000.

15. 1st price for the work "The incidence of DM type I in children and adolescents in Cyprus, during 1990 – 2000" by Limassol Medical Association, Limassol 2001

16. 1st Choremion Award for the work "Deletions of Y chromosome in patients with Sex Chromosome Mosaicism, a possible role for Y chromosome instability "Panhellenic Pediatric Meeting, Crete 2004

17. 1st price for the work "High prevalence of Congenital Hypothyroidism in the Greek Cypriot population: Results of the neonatal screening program 1990 – 2000", by Limassol Medical Association, 2005

18. 2nd price for the work "Neonatal screening program for Congenital Hypothyroidism in Cyprus 1990 – 2000", by Hippocrates Medical Association, Nicosia 2005

19. Honor by Limassol Medical Association for the work: The impact of genotype on endocrine complications in Thalassaemia, Limassol 2006

20. 2nd price for the work "Mutations of the SRD5A2 gene 5 in patients of Greek Cypriot origin: identification of an ancestral founder effect by Hippocrates Medical Association, Nicosia 2007

21. Honor by Limassol Medical Association for the work: Molecular genetic defect in Greek Cypriot patients with Congenital Adrenal Hyperplasia, Limassol 2009

22. Eminent Scientist of the year 2012 in the field of Pediatric Endocrinology by the International Research Promotion Council

Reviewer in journals
1. European Journal of Haematology
2. Paediatriki
3. Journal of Pediatric Endocrinology and Metabolism
4. Clinical Endocrinology
5. Pediatric Diabetes
6. Asia – Pacific Journal of Hematology Oncology
7. Eastern Mediterranean Health Journal
8. Blood
9. British Journal of Hematology
10. Clinical Genetics
11. Hormone Research in Paediatrics
12. Public Health
13. Molecular and Cellular Biology
14. Pediatric Endocrine Reviews
15. Journal of Postgraduate Medicine
16. Hormones
17. Gene
18. Calcified Tissue International and Musculoskeletal Research
19. Cochrane Reviews
20. Sexual Development